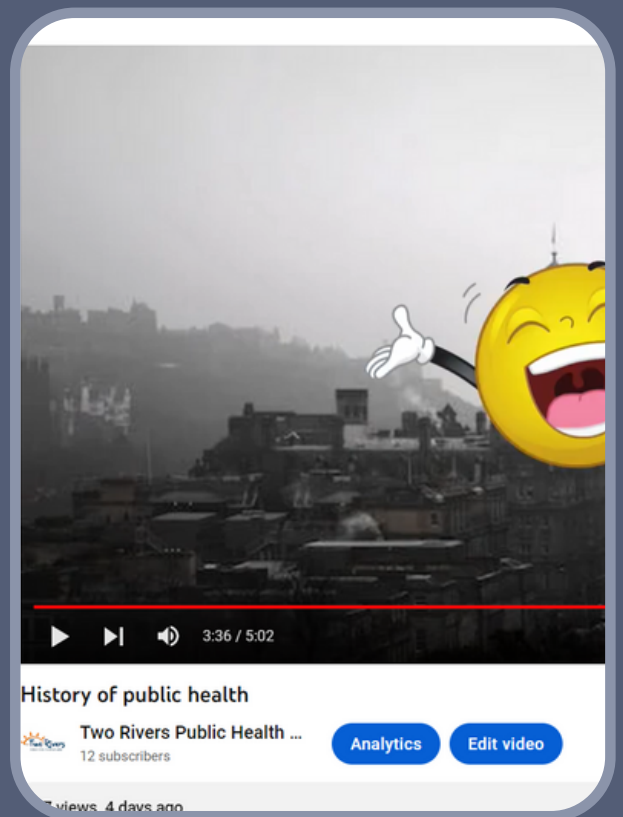




April

2023





MEET THE STAFF

ORGANIZATIONAL CHART



Jeremy Eschliman
Health Director



Andrea Shoemaker
Administrative Assistant



Jesse Valenti
Finance Manager



Katie Mulligan
Planning Section Manager



Jacki Haley
Nurse Section Manager



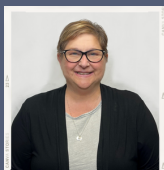
Von Lutz
Clinical Services Manager



Aravind Menon
Epidemiologist



Patty Samuelson
Billing Specialist



Hayley Jelinek
Health Educator



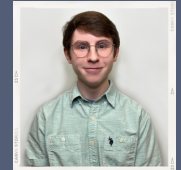
Jordan Anderson
Community Health Nurse



Marilyn Warnken
Program Nurse



Nazaria Slegle
Community Health Worker



Zander Wells
Community Health Worker



Emily Beaver
Health Educator



Liz Weins
Community Health Nurse



Rosa Pinon
Program Nurse



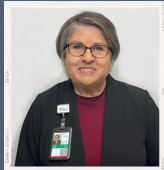
Maria Barocio
Community Health Worker



Sam Thede
Data Analyst



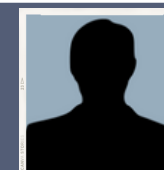
Akaela Lieth
Marketing/Communications Coordinator



Rita Kaul
Community Health Nurse



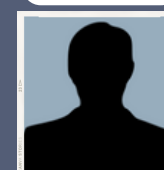
Brent Reommich
Billing Specialist



Open
Health Educator



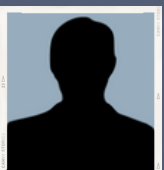
Erica Carpenter
Emergency Response Coordinator



Open
Billing Specialist



McKenzie Petersen
Environmental Health Specialist



TBD
Home Visitation Supervisor





We Got a Bench!

Let's Take a Walk

It's a nice day to go for a walk! Two Rivers Public Health Department enjoys using our physical activity policy as the weather outside gets warmer. This policy allows health department staff to conduct meetings on the move, allows for longer breaks if the employee is walking for their break, and reminds us to move at least once an hour.

We encourage you to take a walk during your break today. Adults should get at least 150 minutes of moderate activity each week which can contribute to overall health, and decrease the risk of chronic diseases such as heart disease, cancer, or diabetes. If you are in the neighborhood, take a rest after your walk on our new bench!



Above: Maddy Mulligan

Employee Highlight

Left: Jordan Anderson, Right: Jacki Haley



Jordan Anderson is one of TRPHD's community Health Nurses. She has been with TRPHD in this role for almost a year. She received her Bachelor's of Science in Nursing from UNMC in 2017 and got married shortly after. Together they have 2 sons with another on the way.

Jordan is the team lead for the Vaccines for Children Program as well as the STI program. She loves educating the public not only in these programs but in all the different areas of Public Health. Jordan runs the lead on STI investigations which keeps her pretty busy.

She loves her work environment and the support she receives from management, especially after a trying first trimester.

Jacki Haley is TRPHD's Nursing Section Manager. She has worked for TRPHD as Nursing Section Manager since Oct of 2021 and oversees the management of the nursing staff, grant funding and the programs that are nursing specific. The programs that Jacki focuses on are childhood and some adult vaccinations- this includes routine Childhood vaccinations, Influenza and COVID vaccines and Disease Investigations- which include all Nebraska reportable diseases.

Jacki's position is instrumental in promoting health and prevention of disease.

She loves working for TRPHD because "I work with professionals that I can learn from and that will push me to take on new and challenging opportunities and I also love that we are so family oriented and focuses on team development and employee engagement."

Jacki recently got married and her and her husband are welcoming their first baby in August 2023. Her friends at TRPHD would say she is great at her job and a wonderful person to work with, she is always there with a smile or a joke to make your day brighter.



Data

April is Distracted Driving Awareness Month

Distracted driving is any activity that takes attention from driving. Tracking the amount of time a driver is distracted is difficult. Public health statistics tend to track motor vehicle crashes and deaths related to impairment to estimate the risk to drivers and pedestrians from distracted driving. Between 2016-2021, deaths involving motor vehicle crashes rose by 30% in the USA (19,300 – 25,500). Nebraska saw a total of 221 fatal motor vehicle crashes in 2021, 29% of those involved alcohol impairment. Between 2009-2018, 661 people were killed in alcohol-related car crashes in Nebraska.



Distracted Driving Behaviors Include:

- Texting while driving or phone conversation
- Eating and drinking
- Smoking
- Applying makeup
- Turning to grab items from the back seat
- Carrying on a conversation with a passenger
- Using electronics, like a GPS or sound system
- Focusing on the rear-view mirror

Nursing

Early Spring Disease Trends

TRPHD is monitoring an uptick in enteric diseases. Enteric diseases are caused by micro-organisms such as viruses, bacteria, and parasites that cause intestinal illness. These diseases most frequently result from consuming contaminated food or water, and some can spread from person to person (fecal-oral transfer)

TRPHD expects to see more enteric disease in the spring for several reasons: contact with feces increases in agriculture during the spring during calving and other activities, warmer environments are better for growing bacteria, increased travel (spring break), and time spent outdoors.



If an outbreak of any illness is identified, TRPHD uses a team approach to address the situation. The nursing team completes individual interviews to isolate possible causes of transmission of the disease. If the disease is spread through the environment, TRPHD environmental staff will visit the site to assess prevention measures and to test possible sources. TRPHD will also collaborate with partners in the case of an outbreak in a facility to prevent further spread.



Connecting Individuals to Services

The roles and activities of community health workers (CHWs) are tailored to meet the unique needs of the communities they serve. A CHW's role depends on factors such their education, training, lived experience, and experience working with specific populations. CHWs may perform the following roles:

- Create connections between vulnerable populations and healthcare providers
- Help patients navigate healthcare and social service systems
- Reduce social isolation among patients
- Determine eligibility and enroll individuals in health insurance plans
- Ensure cultural competence among healthcare providers serving vulnerable populations
- Educate healthcare providers about community health needs



Above: TRPHD's CHW's Nazaria Slagle and Maria Barocio

- Provide culturally appropriate health education on topics related to chronic disease prevention, physical activity, and nutrition
- Advocate for underserved individuals or communities to receive services and resources to address health needs
- Provide informal counseling, health screenings, and referrals
- Build community capacity to address health issues
- Address social determinants of health

Planning

Wash Your Hands

Handwashing is one of the best ways to protect yourself and others from getting sick. As noted in the Nursing Section, TRPHD is seeing an uptick in enteric diseases.

According to the CDC Feces (poop) from people or animals is an important source of germs like Salmonella, E. coli, and norovirus that cause diarrhea, and it can spread some respiratory infections. These kinds of germs can get onto hands after people use the toilet or change a diaper, but also in less obvious ways, like after handling raw meats that have invisible amounts of animal poop on them. A single gram of human feces can contain one trillion germs. TRPHD staff members attended the Tri-Basin Water Jamboree to provide information on proper techniques for handwashing. Local students have improved their handwashing skills through the pandemic and many knew basic handwashing rules.



Above: TRPHD staff attended Tri-Basin Natural Resource District's Water Jamboree to remind local students about the importance of hand washing.

Fun Health Fact of the Month.



SNEEZES

REGULARLY EXCEED

100 MPH, WHILE

COUGHS CLOCK IN AT

ABOUT 60 MPH.

TROPICAL STORM

FORCE WINDS

STRAIGHT FROM YOUR

BODY!

