











Put Us on The Map!



We are joining the City Health Dashboard! The Dashboard provides cities big and small with local and neighborhood-level data on health and its drivers. 67 cities were selected to join the Dashboard from their annual Put Us on the Map Challenge – an opportunity for smaller cities to gain access to local data – and Kearney was one of them. Our city is now live on the site with access to over 30 metrics on health. Begin exploring how to use data to make a difference for health in our community on the Dashboard.

Albion, MI Alma, AR Atlantic City, NJ Barkhamsted, CT Bennington, VT **Burlington**, CT Caledonia, WI Carpinteria, CA Chatham, NJ Chickasha, OK Danville, VA Decatur, GA De Pere, WI Ellsworth, ME Englewood, NJ Fair Lawn, NJ Fanwood, NJ Findlay, OH Franklin Lakes, NJ Garwood, NJ Greenfield, WI Greer, SC Hanson, MA Harwinton, CT Hudson, NY Kearney, NE Kodiak Island, AK Lewiston, ID Litchfield, CT Livingston, NJ Lompoc, CA Long Beach, NJ Long Branch, NJ Maplewood, NJ Martinsville City, VA



Mason City, IA Montgomery, NJ Mount Olive, NJ Mountainside, NJ Nacogdoches, , TX New Hartford, CT New Providence, NJ North Canaan, CT Oak Creek, WI Orange, NJ Paramus, NJ Paw Paw, MI Poteau, OK Rexburg, ID **Richmond**, IN Rogersville, TN Roselle, NJ Roselle Park, NJ Salisbury, CT South Haven, MI Stafford, NJ Summit, NJ Torrington, CT Warren, OH Warrenton, OR West Orange, NJ Westfield, NJ Whitman, MA Wildwood Crest, NJ Winsted, CT Woodruff, SC Zionsville, IN



Left: Health Director Jeremy Eschliman Middle: Irelynn Right: Brent Roemmich

Come Take a Picture!

Stop by our bench for the perfect seasonal photo opportunity! Tag us in your social media and help us share information about public health happenings.









Liz has been a Community Health Nurse with TRPHD since April of 2022. Her passion for health and wellness led her to obtain her Master's of Science from Fort Hays State University in Health, Physical Education, and Recreation in 2002. Prior to this Liz worked in cardiology for 15 years.

Liz love and appreciates the support she receives from her coworkers in both work and in life. With 4 children, 2 dogs and 3 ducks, Liz is kept pretty busy, but when she does see some free time she loves to read. She also teaches a variety of group exercise classes, including Group Cycling and BodyPump at the Kearney Family YMCA.

Employee Highlight

Left: Liz Wiens, Right: Marilyn Warnken



Marilyn Warnken, LPN, is a Program Nurse at Two Rivers Public Health Department. Marilyn graduated from Kearney's CCC LPN program and has worked at hospitals and clinics in the area in many different roles. Marilyn applied for her job at Two Rivers in August 2020, where she went from influenza vaccines to COVID vaccines rather quickly. Vaccinations are still a part of her job today, along with disease investigations, and day to day happenings in public health.

Marilyn grew up in the Macon Hildreth area, where she married her high school sweetheart and they have been together for 41+ years. She enjoys the people she works with and the people she works for. Marilyn also enjoys spending time with family and friends, gardening, photography, camping , and feeding the birds. Her favorites are cardinals, blue jays, and orioles.

What does the health department have to do with preventing illness at the fair?

Interacting with animals at fairs can be educational and fun, and helps people learn about and experience animals they may not see in their daily lives. However, it is important to know that animals sometimes carry germs that can make people sick.



County Fair Leason!



TRPHD staff have been providing education about how to prevent the spread of diseases, administering vaccines, and handing out free items at all of our county fairs.



NACCHO!

National Association of County and City Health Officials

LifeSmiles Dental Program goes to NACCHO!



NACCHO 360 is the only conference that focuses on the challenges and opportunities for local health. The conference offers an opportunity for local health department staff, partners, funders, and individuals invested in local public health to share the latest research, ideas, strategies and innovations.

This year Dr. Von Lutz had the opportunity to present TRPHD's LifeSmiles program!

Promising Practice Award

Promising Practices are exciting approaches and strategies to local public health issues. Each awarded practice was reviewed by a committee of peers, made up of other local health department professionals. Each award was selected from a competitive collection of applications.





This year TRPHD was awarded a promising practice award for opioid and overdose prevention. TRPHD has been visiting licensed liquor establishments, discussing overdose prevention, distributing Naloxone (Narcan), and creating educational materials explaining the signs of an overdose and where to get Narcan in the area at no cost.

Additionally, TRPHD has been visiting district Senior Centers to provide information about using lock boxes to secure medications for community safety.



Fun Health Fact of the Month.

The human body produces enough heat in 30 minutes to boil half a gallon of water!

