



December

2023





Two Rivers Public Health Department would like to thank staff, contractors, volunteers, and the Board of Health for all their hard work during 2023.

We also thank the many community groups that it would be impossible to name them all but here are a few that are working extra to help those in need right now:

- Community Foundations
- Salvation Army
- Community Action Partnership of Mid-Nebraska
- Healthcare partners
- Schools

Thank you!

Board of Health

Buffalo County

- Daniel Lynch, Vice President
Buffalo County Commissioner
- Sue Hunter, President
Buffalo County Citizen

Dawson County

- Rick Zarek, RP
Dawson County Commissioner
- Nicole Thorelle, Secretary
Dawson County Citizen

Franklin County

- Scott Grams
Franklin County Supervisor
- Michael Dallman
Franklin County Citizen

Gosper County

- Glenn Hoffman
Gosper County Commissioner
- Daren Hatch
Gosper County Citizen

Harlan County

- Cindy Boehler
Harlan County Supervisor
- Open
Harlan County Citizen

Kearney County

- Heath Hofstetter
Kearney County Commissioner
- Cody Krull
Kearney County Citizen

Phelps County

- Rick Streeter
Phelps County Commissioner
- Lori Reiner
Phelps County Citizen

Physician

- Dr. Brady Beecham

Veterinarian

- Dr. Jessica Robb

Mid-Level Practitioner

- Melissa Hall-PAC

Dentist

- Dr. Katherine Goodwin

Minority Health Representative

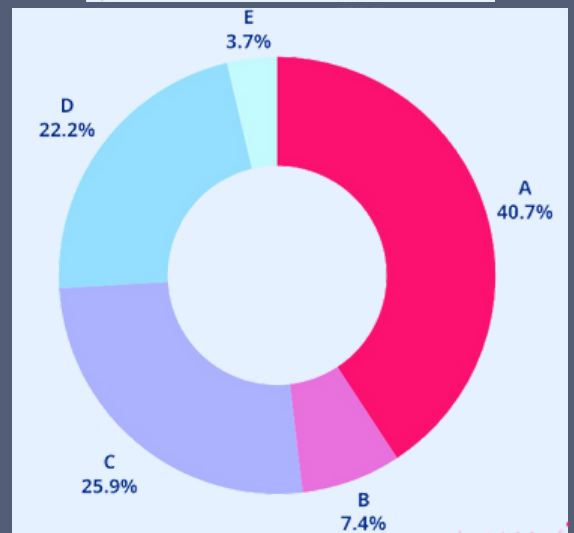
- Mahesh Pattabiraman



Out and About

Referral Source

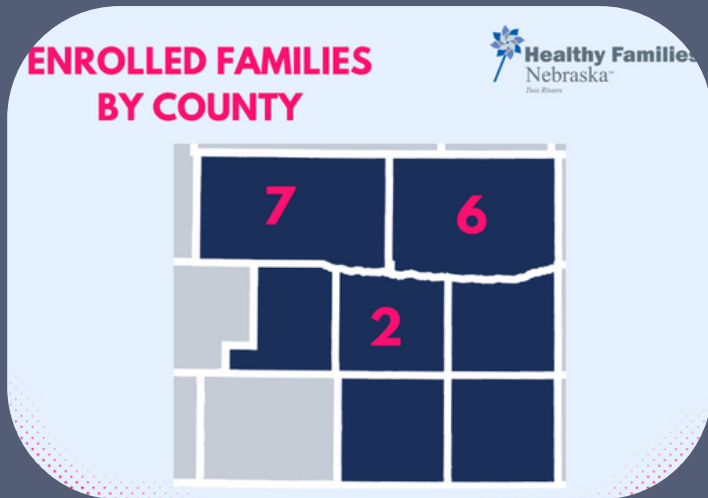
- A** — Hospitals —
- B** — Self —
- C** — Community Partners —
- D** — TRPHD Staff —
- E** — Other —



Serving Families in Our District

Healthy Families Two Rivers Nebraska has been busy serving families in our community. We still have openings for more families!

Our community partners have referred about 30 families to the program and about 15 agreed to participate. We hope to serve many more families in the district.



Nebraska Association of County Officials

Each year, county officials across the state of Nebraska gather in Kearney to discuss local governmental issues. Two Rivers Public Health Department attends this conference to provide local information to local policy makers, and to offer vaccines.

This year the conference occurred from December 13th-15th. TRPHD staff provided vaccines from their booth for each of the 3 days.





Quaker has a Recall



The Quaker Oats Company announced the recall of specific granola bars and granola cereals that have potentially been contaminated with Salmonella.

Consumers should check their pantries for any of the products and dispose of them.

As of December 19th Quaker has not received conformation of any positive Salmonella cases.

Potentially Contaminated Products

Note this list contains some but not all products potentially contaminated.

Quaker Chewy Bars

- Chocolate Chip
- Peanut Butter Chocolate Chip
- Chocolate Chip Cookie Dough
- Chocolate Chip Holiday Minis
- Chocolate Chip Halloween Minis
- Dark Chocolate Chunk
- Chocolate Chunk
- Oatmeal Raisin
- Quaker Chewy Bars S'mores

Quaker Chewy Bars Less Sugar

- Chocolate Chip
- Cookies & Cream
- Peanut Butter Chocolate Chip

Quaker Chewy Dipps

- Chocolate Chip
- Peanut Butter
- Birthday Blast
- Summer Night S'mores



You can find the full list at: [fda.gov/safety/recalls](https://www.fda.gov/safety/recalls)

Fun Health Fact of the Month.



BEARDS are the fastest-growing hairs on the human body. If the average man never trimmed his beard, it would grow to nearly 30 feet long in his lifetime.

