



August

2023





Immunization Awareness



August is Immunization Awareness Month! As such TRPHD would like to remind you why you and your family should get vaccinated!

- It is always better to prevent a disease than to treat it after it occurs.
- Vaccination is a highly effective, safe and easy way to help keep your family healthy.
- On-time vaccination throughout childhood is essential because it helps provide immunity before children are exposed to potentially life-threatening diseases.
- Vaccines are tested to ensure that they are safe and effective for children to receive at the recommended ages.

Birth	Hep B	12 months	Hep A MMR Varicella	10 years	HPV
1 month	Hep B	15 months	DTaP/IPV/Hib PCV	11 years	Men ACWY Tdap
2 months	DTaP/IPV/Hib PCV Rotavirus (oral)	18-24 months	Hep A	16 years	Men ACWY Men B
4 months	DTaP/IPV/Hib PCV Rotavirus (oral)	4 years	DTaP/IPV MMRV	17 years	Men B
6 months	DTaP/IPV/Hib PCV Rotavirus (oral) Hep B	9 years	HPV	Other	Flu (annually for all patients 6 months and older) COVID (when eligible)

Vaccine Key:

- DTaP: Diphtheria, Tetanus, and Pertussis (Whooping cough)
- DTaP/IPV/Hib: Diphtheria, Tetanus, Pertussis, Polio, and Haemophilus Influenza B
- Hep A: Hepatitis A
- Hep B: Hepatitis B
- Hib: Haemophilus Influenza B
- Phv: Human Papillomavirus
- IPV: Polio
- Men ACWY: Meningococcal A, C, W, Y
- Men B: Meningococcal B
- MMR: Measles, Mumps, Rubella
- MMRV: measles, Mumps, Rubella, and Varicella
- PCV: Pneumococcal
- Tdap: Tetanus, Diphtheria, and Pertussis
- Varicella: Chickenpox





Employee Highlight



Left: Jesse Valenti, Right: Jeremy Eschliman



Jesse Valenti is Two Rivers Public Health Department's Finance Manager. He has been with TRPHD for 6 years now. Jesse graduated from UNK with a Bachelor's in Business Administration, with a minor in Accounting and experience in bookkeeping.

A fun fact about Jesse? Even though Jesse is all about numbers now, he wasn't always. In fact Jesse used to participate in musicals, plays, and choir.

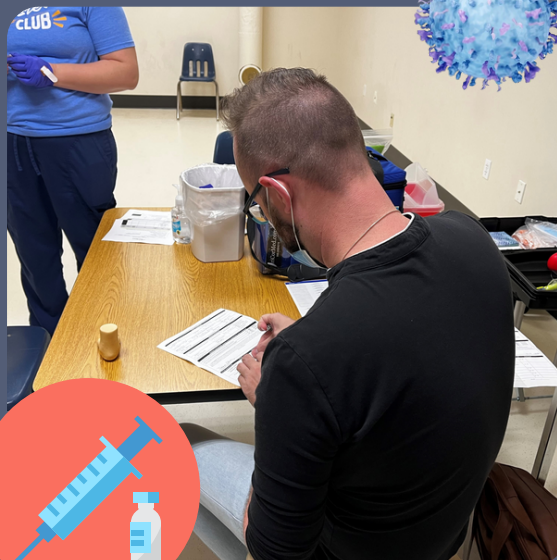
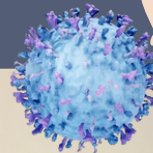
Jeremy Eschliman is the Health Director at Two Rivers Public Health Department. Jeremy is a doctorate candidate (DrPH) at UNMC, with a MBA, and dual undergraduate in Chemistry and Biological Sciences. Current areas of growth include the development of a home visitation program (perinatal to age 3 focused) and the expansion of foundational services such as epidemiology and environmental health.

Jeremy, who has been with TRPHD for 8 years, was recently appointed to the UNMC board of counsels to the chancellor and the CyncHealth Foundation. Jeremy loves spending time free with his wife and children. In his extra time, Jeremy and his family may be caught working with cattle, fixing fence, fishing/hunting, running or traveling.

RSV

During the summer of 2023, The CDC Advisory Committee on Immunization Practices (ACIP) met to review and discuss RSV vaccine. The RSV vaccine has been in development for several years, and two RSV vaccines were approved by the FDA and ACIP this summer. Both vaccines are able to be administered with at the same time as other vaccines.

Vaccines are recommended for pregnant women, and individuals over 65. Check with your primary care provider or pharmacy to receive your vaccine today.



In addition to vaccine administered to mothers, injections are available for infants and young children. They provide an extra layer of defense that helps fight RSV infections and protect children from getting very sick.





NEHA

National Environmental Health Association

An Adventure in New Orleans!



Katie Mulligan, Planning Section Manager, and McKenzie Petersen, Environmental Health Specialist, headed to New Orleans for the Annual Educational Conference held by the National Environmental Health Association. The conference offered many sessions promoting best practices in environmental public health. According to both, the highlight of the trip was a tour viewing pest activity in the French Quarter.



Car Seat Safety!



“We’re taught to teach and to understand that people are coming to us for help because they are unsure of everything that goes into installing a child’s seat into a car and that’s okay which is why we’re here to help.”
-Nazarria Slagle



Maria Barocio has been TRPHD’s go to gal for car seat installation for 8 years running! This year Nazarria Slagle went to Lincoln to be certified to install car seats to anyone who need help in the TRPHD district as well. She learned about the types of car seats, what methods to use securing the seat and also how to properly educate parents on how to install their car seats since they are the ones primarily needing the information.



Fun Health Fact of the Month.



If you work out on an empty stomach, your body will burn muscle tissue when you run out of energy, not stored body fat!

