



Cockroaches

Elimination and Prevention

Follow these simple steps to prevent and reduce cockroaches in your home.

Don't...

Leave out trash or clutter. What we consider trash is a buffet for cockroaches.



Do...

Take out trash daily and clean up clutter. Clutter creates hiding spots for cockroaches to shelter and reproduce.



Don't...

Leave out food. This also includes pet food.



Do...

Put food in containers that don't allow cockroaches to crawl into them.



Don't...

Let them in. Cockroaches often reside in wall voids and interior spaces above ceilings and below floors.



Do...

Seal up cracks and holes. This can help stop the spread between units or rooms.



Don't...

Use sprays or "bug bombs". The use of bug foggers or "bug bombs" is not recommended. The delivery method can be dangerous to humans and pets, especially in apartments or multi-housing units.



Do...


Use gel bait and sticky traps. Pest control professionals can place gel baits to eliminate cockroaches and sticky traps help monitor if cockroaches are still present. If insecticides are used, follow the instructions on the label. It is the law.



Your Health

Cockroach infestations can negatively affect human health. Cockroaches can transmit bacteria that cause food poisoning. They can also trigger asthma and allergies or make existing symptoms of those conditions worse. Talk with your doctor if you are experiencing symptoms.



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